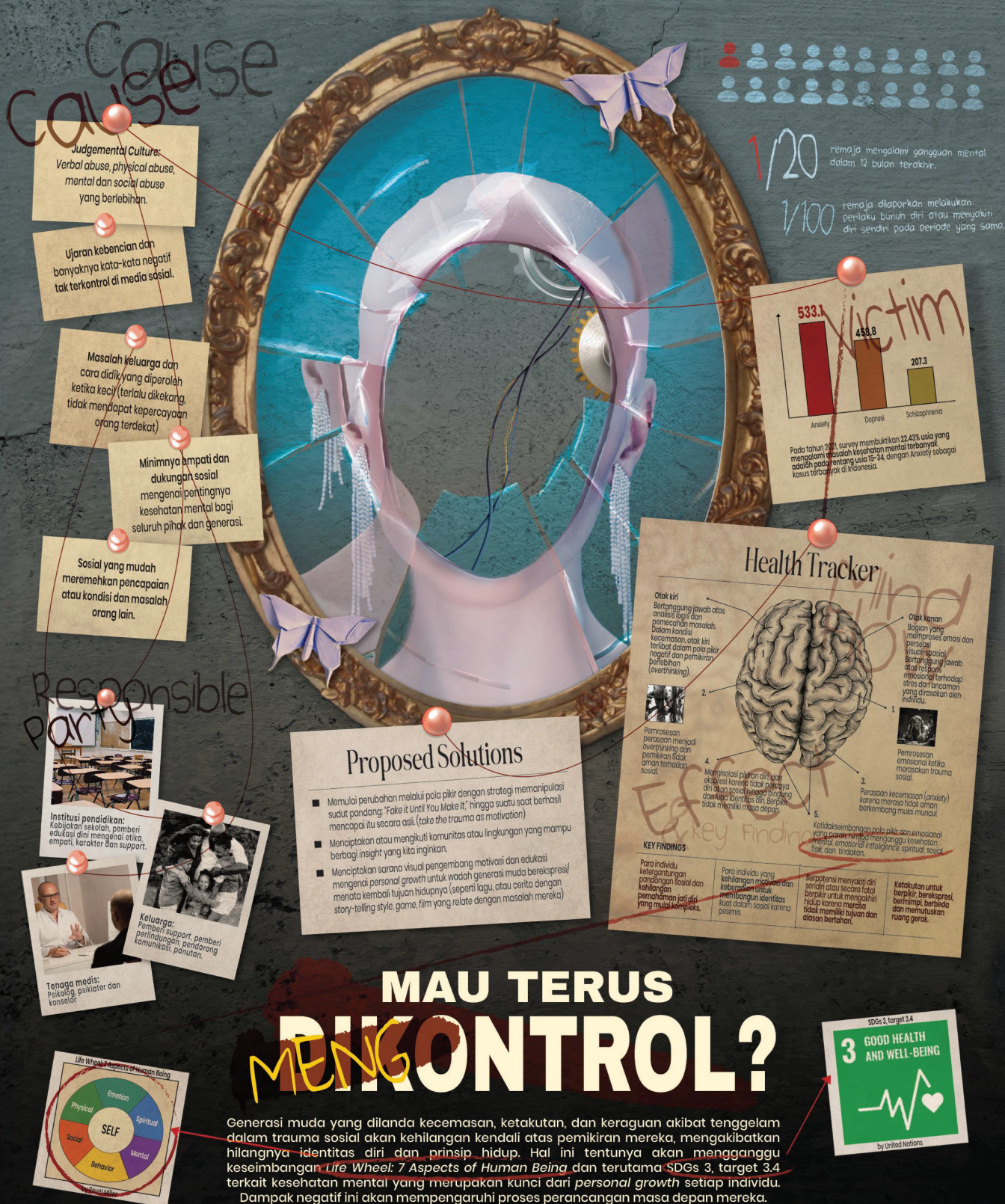


Mau Terus Dikontrol atau Mengontrol?



PRESENTATION VIDEO


<https://tinyurl.com/vpc9v85p>

SOURCE & CITATION:



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ID 578 Mau Terus Dikontrol atau Mengontrol?

Do You Want to Keep Being Controlled or Take Control?

Anastasia Aimee Widjaja

The younger generation, overwhelmed by anxiety, fear, and doubt due to being submerged in social trauma, will lose control over their thoughts, resulting in the loss of self-identity and life principles. This will certainly disrupt the balance of the Life Wheel: 7 Aspects of Human Being, especially SDGs 3, target 3.4 related to mental health, which is the key to each individual's personal growth. This negative impact will affect the process of planning their future.